

Limestone Medical Center, Inc.
Ambulatory Surgery Center
1941 Limestone Road, Suite 113
Wilmington, DE 19808
302-633-9873 (phone) 302-633-9877 (fax)

Patient: _____
Chart #: _____
DOB: _____
DOS: _____

DISCHARGE INSTRUCTIONS – AFTER ANESTHESIA

- **Don't** drive a car for at least 24 hours
- **Don't** operate complex equipment for at least 24 hours
- **Don't** make any important decisions or sign any legal documents for the day
- **Don't** take any medications unless prescribed by or discussed with your physician
- **Don't** drink alcohol for at least 24 hours
- **Do** leave the health care facility accompanied by a responsible adult
- **Do** remain quietly at home for the day and rest
- **Do** arrange for someone to care for your small children for the day
- **Do** call your physician or the facility where you were treated if you have any questions